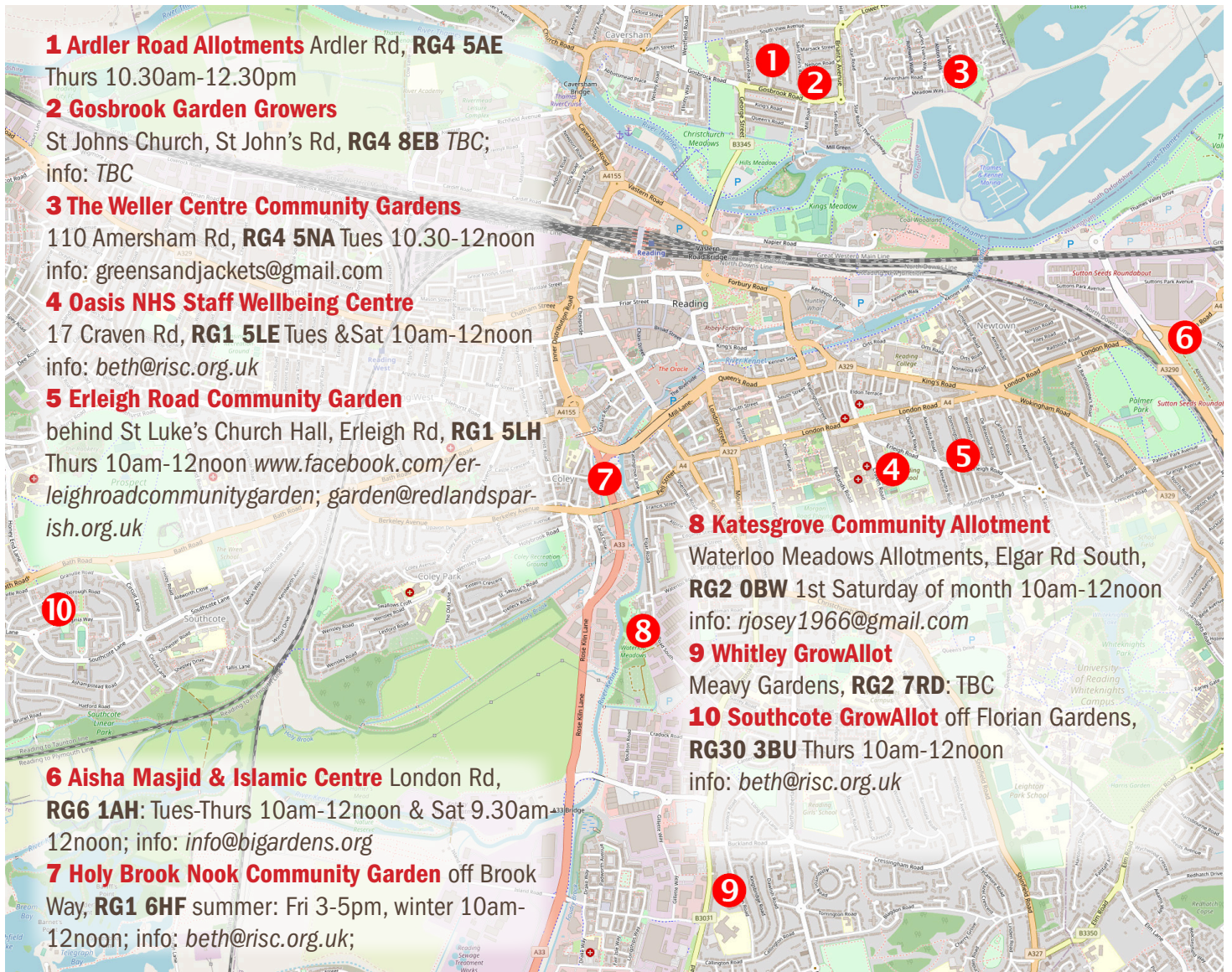


risc's community food growing project



1 Ardler Road Allotments Ardler Rd, **RG4 5AE**
Thurs 10.30am-12.30pm

2 Gosbrook Garden Growers
St Johns Church, St John's Rd, **RG4 8EB TBC**;
info: *TBC*

3 The Weller Centre Community Gardens
110 Amersham Rd, **RG4 5NA** Tues 10.30-12noon
info: greensandjackets@gmail.com

4 Oasis NHS Staff Wellbeing Centre
17 Craven Rd, **RG1 5LE** Tues & Sat 10am-12noon
info: beth@risc.org.uk

5 Erleigh Road Community Garden
behind St Luke's Church Hall, Erleigh Rd, **RG1 5LH**
Thurs 10am-12noon www.facebook.com/erleighroadcommunitygarden; garden@redlandsparrish.org.uk

6 Aisha Masjid & Islamic Centre London Rd,
RG6 1AH: Tues-Thurs 10am-12noon & Sat 9.30am-12noon; info: info@bigardens.org

7 Holy Brook Nook Community Garden off Brook Way, **RG1 6HF** summer: Fri 3-5pm, winter 10am-12noon; info: beth@risc.org.uk;

8 Katesgrove Community Allotment
Waterloo Meadows Allotments, Elgar Rd South, **RG2 0BW** 1st Saturday of month 10am-12noon
info: rjosey1966@gmail.com

9 Whitley GrowAllot
Meavy Gardens, **RG2 7RD**: *TBC*

10 Southcote GrowAllot off Florian Gardens, **RG30 3BU** Thurs 10am-12noon
info: beth@risc.org.uk

Learn the magic of growing your own fresh fruit & veg, right in your own neighbourhood. Food4families & its partners have a network of community gardens & allotments that run regular drop-in sessions, supported by a tutor.

All garden sessions are free. Seeds, materials & tools are provided.

Get some fresh air & meet friendly people from your local community.

Bring the kids for some family fun, or have some time for yourself.

No experience needed.

 **food4families.org.uk**